

# **Fibers/Textiles**

## **Laura Mongiovi**

### ***July 18-24, 2021***

#### **COURSE DESCRIPTION**

This workshop will explore various textile processes. Students will utilize Shibori folding methods to produce patterns on cotton fibers with natural dye. Each student will have a yard of white Kona cotton and ½ yard of natural cotton duck. The dyes are low maintenance and meant for non-wearables. We will use turmeric, red onion skins, mixed berries, black tea and logwood. Traditional embellishment techniques such as embroidery stitches, applique, cut work, pleating, quilting (using felt) and smocking will be introduced so students can explore options when developing ideas. Non-traditional forms of embellishment include “stitching” objects to the surface, encase objects within the fabric and/or drawing on the fabric with pencil/pen. Students have the option to make two-dimensional work that can hang on the wall and/or three-dimensional work in the form of soft-sculpture and/or fabric books. I encourage an open studio where we can experiment and share ideas. All skill levels.

#### **MATERIALS LIST**

- Various \*threads and sewing needles. Cotton, polyester, metallic and/or embroidery.
- Fabric scissors. If possible two sizes, large and small.
- Optional: ½ - 1 yard white felt. Can be used to “back” cotton fabric if you don’t want 2D fabric pieces to hang “loosely” on wall. Felt can also be used to create a “quilt” like appearance when placed behind the cotton fabric when stitching. Additionally, felt can be used in 3D construction. I suggest purchasing an acrylic felt from craft store. No need for 100% wool felt unless you want to use this higher quality material in your actual collage/construction. I am a huge fan of felt (cheap and good stuff) as it holds a stitch really well and can offer structure with 3D forms. I will bring felt scraps for students to use.
- Optional: Colored pencils, graphite pencils and/or ink pens. I will bring a selection for students to use if you wish to draw on your fabric. Please feel free to bring your own if you are particular about colors or certain type of pencil/pen.
- Optional: Archival or non-archival chipboard to help create pages if you wish to make a large fabric book or multiple books. Can also use cardboard or heavy stock paper. I will bring small pieces of heavy stock paper with me for students to make small fabric books.
- Optional: Fabric Glue and/or Fray Edge Liquid Seam. Fabric Glue not necessary, but could be useful. Fray Edge Liquid Seam useful if you use faux fur.
- Optional: Materials you may want to incorporate into your projects such as fabric scraps, beads, photographs, items from nature or even household items. Faux fur is a fun material to use – you can purchase at your local craft store. Also, trimming materials and yarn can be applied to fabric edges to finish a piece. I will bring a collection of materials/items for students to use.
- Optional: Additional cotton fabric. Must be 100% cotton. If possible, wash at home, no detergent, in hot water. Can also wash at Arrowmont – washing machine in the studio. Each student will have a 60” yard of pre-washed, ready to dye white Kona cotton and 1/2 yard of natural cotton duck upon arrival.
- Optional: Plastic bags or poly-fil if you wish to make large scale or multiple soft sculptures. I will have a medium bag of poly-fil in the studio for each student to make a small-scale soft sculpture.
- \*Flash drive (to protect and save data to from Library computers)
- \*Padlock for your studio locker, if desired (For rent in the Supply Store for the week)

***All Items marked with an "\*" are available for purchase in the Supply Store***

#### **COVID-19 UPDATE**

In accordance to Arrowmont’s COVID-19 policies, Arrowmont recommends that all students bring multiple face coverings in accordance to the CDC guidelines (2-ply, cloth face covering). Along with additional masks, students should consider bringing additional PPE that they may need personally, including but not limited to hand

sanitizers and gloves. When asked to bring a respirator or N95 for class, please consider the best option for the supply in your area with health care workers in mind.

In addition to the new operating policies due to COVID-19, Arrowmont is providing additional information to students about materials and tools that will be provided in classrooms. If a student already owns the below items and can travel with them, the student can choose to bring these additional items. Arrowmont will provide these items to students but wants to ensure that all students feel comfortable while on campus as some of these items will be shared amongst a class and are not guaranteed to be one per student.

### **SUPPLIES**

- Rubber bands
- Straight pins
- Small c-clamps
- Gloves for dyeing
- *Please see highlighted above*

If a student chooses to mail tools and supplies to Arrowmont prior to the class, the packages will be placed in the student's classroom.

Please label packages clearly, including student's name and class week.

Students can mail packages to:

Arrowmont  
C/O Student Name and Class Week  
556 Parkway  
Gatlinburg, TN 37738

### **MATERIALS FEES: \$45.00-\$75.00**

**Materials fees** will be charged for materials used in the studio and/or provided by instructors for use in the studio by the entire class. In order to keep these fees as low as possible, fees are assessed on an individual class basis and may vary from class to class depending on the amount of materials used and the number of students in the class. Materials fees are paid on the last day of class.

**Please be advised that above course description and materials list is written and approved by the instructor**

If you have any additional questions about this class, below is the contact info for your instructor:

292 Pine Arbor Cir  
St. Augustine, FL 32084-6541  
[lmongiovi@flagler.edu](mailto:lmongiovi@flagler.edu)  
[www.lauramongiovi.com](http://www.lauramongiovi.com)  
Text/Cell 904-540-0705