

# Painting

## Rachael McCampbell

### *October 17-23, 2021*

#### **COURSE DESCRIPTION**

Painting with Cold Wax Medium (CWM) is a hugely popular method with artists all over the world. It allows you to build layers of oil paint on paper or panels, add textures, use printmaking techniques, and mark-making with charcoal and wax pencils, incorporate powdered pigments into your work plus draw and paint with R & F paint sticks and oils. With CWM, you can even use solvent for reductive/abstracted techniques and scratch and dig into your painting when the wax is dryer for unusual effects. It's a very process-oriented medium and allows for experimentation and play. Painting with CWM lends itself to both representational or abstract art. If you like working with mixed mediums and oil, this is the workshop for you! Open to all levels but a basic knowledge of oil painting is preferred.

#### **MATERIALS LIST**

- I suggest you purchase oil paints by **Gamblin**, and if you want to save some money, buy their student grade line called "**1980.**" Other brands who have student grade lines are not recommended. The pigment load is too weak. You can bring water soluble oils to have as extras, but I wouldn't only use them—they can be a bit drier. You can buy 37 ml. tubes are fine except for Titanium white, please bring a large 150 ml. tube:
- Colors for basic Cold Wax palette:
  - Red Cadmium Med
  - Alizarin crimson
  - Phthalo Blue (green shade)
  - Ultramarine
  - Cadmium Yellow Medium
  - Hansa Yellow Light or lemon yellow
  - Titanium White 150 ml. Tube
  - Mars black or Ivory Black
  - Raw Umber
  - Warm White (I'd suggest you bring a 150 ml. Tube of this too but you don't have to—it's just a favorite color of mine)
  - Yellow ochre
  - Burnt Umber
  - Dioxazine purple
  - Indian Yellow
  - Green Gold
  - Asphaltum
  - Brown Pink
  - Portland Warm Gray
- If you want to bring a metallic color or something else, all colors are welcome.
- **Oil Medium:** Gamblin's Galkyd Lite, 4.2 Oz bottle is fine: <https://www.dickblick.com/items/00456-1304/>
- A \*journal and \*pen
- Roll of wax paper
- 1 16 oz. Gamsol (odorless mineral spirits, to clean your tools constantly—or you can clean with vegetable oil if you want to bring that) Some people bring baby wipes but I don't think they work very well.
- Gamblin Cold Wax Medium, 16 oz can (I'd suggest you bring 2 cans in case you run out)
- 2 empty glass jars to hold some Gamsol in to clean your brush and one that stays clean
- A large pad of Palette paper- 16 x 20"

- A selection of OLD oil or acrylic brushes: flat, round and fan, small and medium sizes.
- \*A roll of blue painter's tape that is 1.5" wide
- 1 Pad of newsprint paper (18 x 24" or 24" x 36")
- \*Scissors
- \*utility knife
- \*Sharpie pen
- Pad of tracing paper, pad of 12 x 18" is fine: <https://www.dickblick.com/items/10609-3006/>
- A few sheets 12 x 16" of mylar stencil film to cut stencils with—optional, you can cut shapes out of wax paper and it will work
- \*Apron – it's a very messy process...wear old clothes too
- \*Lots of Nitrile gloves or protective gloves, at least 20 pairs
- **Texture making items such as:** cardboard, raffia, bubble wrap, metal dish scrubber, soft string or yarn, jute, stamps, stencils, combs, toothbrush, cookie cutters, etc.
- Brayers: soft rubber brayers—2" and 4" ones—one of each is okay but if you have more, bring them to save on constant cleaning time
- Dough or bowl scrapers (I bring more than one so I don't have to clean them constantly) I like to use Princeton Rubber Catalyst No. 6 and I LOVE the little ones from **Squeegee press:** <https://shop.squeegeepress.com/collections/squeegees-coming-soon--> please try to purchase these ASAP as they are always sold out. I love the small 4" squeegees, they are about \$12 and worth it! And, get a [Messermeister dough scraper](#)—those are larger but work well too They only come in one size.



- At least one or two R&F Pigment Sticks: Transparent Alizarin Orange, Sap Green, Phthalo Blue and a Black and titanium white.

**Mark making tools such as:**

- Vine and compressed charcoals, pencils,
- Art Graf Carbon,
- Stabillo "Woody" wax and/or water soluble wax pencils like
- Caran D'Ache Neo Color II.
- Powered pigments like:
- Jacquard Pearl Ex metallic Gold,
- Dry chalk pastels like Rembrandt brand and
- Pan pastels
- Bring several Palette knives (at least 5). For Cold Wax Medium, I like the trowel-shaped ones like these with but my favorites are the brown handled one by Dickblick <https://www.dickblick.com/items/03117-1081/>.



- **NOTE: DO NOT BRING OIL PASTELS OR ACRYLIC INKS, WE CANNOT USE THEM WITH THIS PROCESS**
- **OPTIONAL: You can bring alcohol inks or India inks and dyes but nothing with acrylics in it.**

### **Bring Substrates:**

- A pad of Arches Oil paper 12 x 16"
- Three to six 9 x 12" (or larger-16x20) Gessoed board panels either flat or cradled (make sure it's gessoed already with at least 3 coats. You can purchase pre-gessoed panels, many choices in the Ampersand Brand. I suggested you get cradled paneled boards (1.5" deep) so you can tape the sides to keep them clean and then not have to frame them later.
- If you want to work on many at once, you could bring other hard substrates like multi-media boards. (This is a link to multi-media boards that are great with Cold Wax Medium. I buy them through Dickblick. Get a pack of five 9 x 12" sheets that are white for about \$7. You will be making a lot of pieces. <https://www.dickblick.com/products/multimedia-artboards/>)
- **Reference material:** You will want to take pics of landscapes that inspire you and close ups of natural shapes and forms to do abstracted works like close-ups of leaf and stem patterns, rocks, wood stacked up, water reflections. You will need to print your reference photos out onto 8 x 10 photo paper so you can see them.
- **Using Photography:** If you want to include a photo as part of a collage, I don't really teach that because it can be tricky with the inks not being archival and the uncertainty as to how oil and all the acidic ingredients will react. IF you want to glue down a photo on non-glossy paper onto a gessoed panel using Lineco PH Neutral adhesive or Gel matte medium, then go ahead. You can use cold wax over that. IF you want to collage a photo, you'd need to print in advance your photo onto rice paper or some thin, absorbent paper that the cold wax will work with.
- Flash drive (to protect and save data to and from Library computers)
- \*Padlock for your studio locker, if desired (For rent in the Supply Store for the week)

***All Items marked with an "\*" are available for purchase in the Supply Store***

### **COVID-19 UPDATE**

In accordance to Arrowmont's COVID-19 policies, Arrowmont recommends that all students bring multiple face coverings in accordance to the CDC guidelines (2-ply, cloth face covering). Along with additional masks, students should consider bringing additional PPE that they may need personally, including but not limited to hand sanitizers and gloves. When asked to bring a respirator or N95 for class, please consider the best option for the supply in your area with health care workers in mind.

In addition to the new operating policies due to COVID-19, Arrowmont is providing additional information to students about materials and tools that will be provided in classrooms. If a student already owns the below items and can travel with them, the student can choose to bring these additional items. Arrowmont will provide these items to students but wants to ensure that all students feel comfortable while on campus as some of these items will be shared amongst a class and are not guaranteed to be one per student.

### **SUPPLIES**

- *Please see highlighted items above*

If a student chooses to mail tools and supplies to Arrowmont prior to the class, the packages will be placed in the student's classroom.

Please label packages clearly, including student's name and class week.

Students can mail packages to:

Arrowmont  
C/O Student Name and Class Week  
556 Parkway  
Gatlinburg, TN 37738

**MATERIALS FEES: \$30.00-\$90.00**

**Materials fees** will be charged for materials used in the studio and/or provided by instructors for use in the studio by the entire class. In order to keep these fees as low as possible, fees are assessed on an individual class basis and may vary from class to class depending on the amount of materials used and the number of students in the class. Materials fees are paid on the last day of class.

**Please be advised that above course description and materials list is written and approved by the instructor**

If you have any additional questions about this class, below is the contact info for your instructor:

(310) 569-8040

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[www.rachaelmccampbell.com](http://www.rachaelmccampbell.com)